

D+ Standard

PLEASE NOTE: The Test Cards produced on this page are protected by Copyright by the Pony Club all rights reserved. No parts of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of The Pony Club.

STANDARDS OF EFFICIENCY TEST SHEET 2010

GENERAL

This is a Test half way between 'D' and 'C'. The Efficiency Tests provide a staircase of knowledge and progression when taken in sequence.

OBJECTIVE

- To be working towards developing a balanced seat independent of the reins.

RIDING

- Mount and dismount.
- Know how to alter stirrups correctly when mounted.
- Know how to check girths.
- Sit correctly at the walk and be able to describe the correct position.
- Hold the reins correctly and carry a whip in either hand.
- Walk on a loose rein and shorten the reins.
- Begin to demonstrate a balanced seat in trot and canter.
- Count their pony's rhythm in trot.
- Correct use of legs as aids.
- Simple turns and circles in walk and trot.
- Rising trot on either diagonal, change of diagonal.
- Show a few strides of sitting trot through transitions.
- Walk without stirrups.
- Ride up and down hills in walk.
- Ride over a single pole and very small fence.
- To be able to control a quiet pony in company, on the roads and in the countryside.
- What you need to know:
 - (This is likely to relate to the pony you are riding)
 - To understand and describe the aids to halt, walk, trot, canter, and circles, and be able to apply them.
 - Give a simple definition of a pony working forwards.
 - Be able to explain rhythm - evenness and regularity in trot.

PONY CARE

- To have some knowledge of care and working a pony at grass.
- Put on a saddle, bridle and numnah (snaffle bridle only).
- Have some knowledge of correctly fitting tack (noseband, throat lash, numnah).
- Elementary care of saddlery (daily bit washing, importance of clean girths, numnahs and saddle cloths).
- Catch a pony and turn it out in a field.
- Lead a pony in hand at walk and trot and turn correctly.
- Names and uses of essential grooming kit.
- Show how to use a dandy brush.
- Pick up and pick out feet.
- Points of the pony, colours and markings.
- Be able to recognise Stable Rugs, Turn Out Rugs, and rugs suitable for travel and hot sweaty ponies.

READ

- Pony Guide File
- Keeping a Pony at GrassGames, Gags & Guesses
- Tricky Tests & Teasers
- Posers & Puzzles
- The Manual of Horsemanship - read the sections below:
- Points of the Pony
- Colours and markings
- Care and working a pony off grass
- Putting on a saddle
- Putting on a bridle
- Unsaddling
- Saddle fitting
- Bridle fitting
- To tie up correctly
- Care of Saddlery
- Grooming
- Aids (Omit gallop and rein-back)
- Jumping position
- Wallchart: Points of the Horse

Recommended Minimum Age 10 years

Felt Colour: White