

C+ Standard

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STANDARDS OF EFFICIENCY TEST SHEET 2010

GENERAL

The Efficiency Tests provide a staircase of knowledge and progression when taken in sequence.

Before taking the C+ Test, candidates must have passed the C Test, including the Road Rider Achievement Badge.

Riders may be required to change horses or ponies for some flat work.

OBJECTIVE

- To become an educated and practical rider.
- To ride over fences at all paces.
- To gain practical experience and knowledge of the care of a stabled pony and of a pony at grass.
- To be capable of riding a well-mannered pony out hunting and in all Pony Club activities.
- To ride intelligently and with due regard for others on the roads and in the country, and with a knowledge of pace, distance and discipline when riding alone and in groups.

RIDING

- Working towards a supple, balanced position on the flat and over fences.
- Comment on the suppleness of your own horse.
- Discuss horses' response to the aids and any loss of balance.
- Apply aids correctly for increase and decrease of pace, turns and circles.
- Turns on the forehand from the halt.
- Stand still. Salute.
- Free walk on a long rein or with a loose rein.
- Change of leg at canter through trot and talk about balance of the horse.
- Know the aids for and show leg yielding at walk.
- Ride with reins in one hand.
- Ride up and down steep hills and banks.
- Jump a variety of fences show jumping and cross country.
- Jump up and down hill.
- Identify which fence was jumped the best and why.
- Jump doubles.

What you need to know:

(This is likely to relate to the horse or pony you are riding)

- Understand the reasons for the equipment the horse or pony is wearing.

- Discuss the advantages of a correct position.
- Name the Scales of Training.
- Discuss whether the horse or pony is working forwards in a suitable rhythm and tempo.
- Understand the meaning of suppleness in a horse or pony.
- Know the sequence of legs at all paces.

HORSE & PONY CARE

- Practical care and working of a pony off grass.
- Knowledge of the care, feed and work of a stabled pony.
- Know principles of watering and feeding.
- Have knowledge of the different items of forage.
- Understand the importance of roughage.
- Recognise when to feed hay or haylage.
- Know the articles of grooming kit and be able to use them effectively.
- Know the structure of the horse's foot as shown in the manual.
- Know the names of the farrier's tools.
- Be able to name external parts of the foot.
- Describe a hunter shoe.
- Be able to fit a saddle and bridle.
- Bits and their uses; snaffle, double jointed snaffles and the action of gags.
- Prepare a horse for travel.
- Load and unload safely.
- Put on a stable bandage.
- Know when a horse is lame.
- Identify signs of illness.
- Know the symptoms and reason for poor condition.
- Know when to call the vet.
- Be able to care for a wound until vet arrives.
- Be able to put a poultice on a leg.

READ

- The Manual of Horsemanship
- Keeping a Pony at Grass
- The Country Code - The Countryside Commission
- Pony Guide File
- Achievement Badge Buddies: Lorinery, Cleaning Tack
- Equipment Safety Achievement Badge Syllabus

Recommended minimum age 14 years.

Felt Colour - Pink