

**Pony Club Bronze Award 1 Assessment Sheet Riding and Road Sense**

<b>Name of Candidate</b>								
<b>Riding and Road Sense</b>								
Mount and dismount from a mounting block, receive a leg up from either side								
Sit straight and balanced in the saddle								
Lengthen and shorten stirrups before mounting								
Check girth before and whilst mounted								
Upward and downward transitions Halt to walk Walk to trot Trot to walk Walk to halt								
Make changes of rein and circles in walk								
Simple exercises								
Know how the pony positions his feet when he halts square								
Be able to ride exercises independently								
Know it is safer to ride on the road with adults								
Know which side of the road you should ride								
Understand a simple green cross code								
Know how to ride along a road, cross a road and say 'thank you'								