



The South African Pony Club



RIDING AND ROAD SAFETY ACHIEVEMENT BADGE

GUIDELINES:

It is recommended that all candidates receive a minimum of five (5) hours training before being put forward for the Achievement Badge. We suggest that you base your training around the information found in the Junior Road Rider book published by the Pony Club, UK.

OBJECTIVE:

To make children aware of the hazards and dangers of riding on the road and to promote safety, courtesy and understanding of riding in traffic.

To know on which side of the road you should ride. To understand a simple 'Green Cross' Code. To know how to ride along a road, alone or in company, how to cross a road, how to say thank you to other road users and how to signal to turn right or left. To be able to identify simple road signs and to recognise the dangers to ponies from cars and other traffic.

KEYPOINTS:

At the end of training we would expect candidates to be able to demonstrate to the examiner that they can:

- Dress themselves and their pony correctly for riding on the road
- Carry out the necessary checks before riding (tack, shoes, etc)
- Recognise and talk about common signs, road markings and the sequence of traffic lights
- Describe and demonstrate on the simulated road route the 'four point routine'
- Be able to ride safely around a simulated road route that has a minimum of three (3) left turns, three (3) right turns, a 'Stop' and a 'Give Way' sign, a hazard, traffic lights and the opportunity to show a short trot.
- Show that they can dismount, lead and remount correctly. (Leading from the offside)

TEACHING, TESTING IDEAS AND RESOURCES:

Session 1

- Theory training (including video)
- What to wear
- Dismounted signalling, the four point routine, and other signals, e.g. thank you
- Recognition of at least 6 Signs and associated road markings

Session 2

- Review Session 1
- Checks to be carried out (horse, tack and rider)
- General positioning on the road, defensive riding and riding in pairs
- Mounted signalling practice
- Emergency dismount, lead and remount

Session 3

- Review Session 1 and 2
- Mounted signalling practice
- Introduction to riding stop and give way junctions

